

Hancock County Support / Advocacy Services Schedule – January 2010

CRISIS HOTLINE 1-888-936-7116

Visit www.ohio.networkofcare.org – for more info about support groups

Event	Description	Location	Date & Time	Contact
ADHD Support Group	For caregivers or parents. Childcare provided if needed	First Presbyterian Church 2330 S. Main St, Findlay Ohio Room 209	January 7 6:00pm – 7:30pm	Karen Schuh 419-425-5333
AIDS Resource Center Support Group	Support group for persons living with HIV/AIDS	AIDS Resource Center 329 N. West Street, Ste B Lima, Ohio	Every Thursday 5:30pm-6:30pm	Larry Grier 419-222-0827
Alzheimer's Association Caregiver Group	Call Alzheimer's Association for additional support groups. 419-425-5409	Birchaven Retirement Village (Wenner Conference Room)	January 29 11:00am	Jane Sherrick 419-425-3259 Mike Thompson 419-425-3233
Alzheimer's Support Group	Call Alzheimer's Association for additional support groups. 419-425-5409	Birchaven Condo Club House, 7113 Eastern Woods Parkway. (On the right, past Village)	2 nd Wednesday 6:30pm	Mary Verran 419-424-0144 Phylliss Badman 419-425-0388
Autism Support Group	For children with Autism, their parents, guardians and family	Blanchard Valley School	January 20 6:30pm-8:00pm	Dodi Newcomer bnewcomer@thewavz.com
Before You Quit	Six week course coaching and support for those considering ending a relationship or having already done so	Call for information	By appointment	Rick Beach 419-348-9602
BVH Breast Cancer Support Group	Beginning Yoga for Health Benefits Come prepared to participate in comfortable clothes	Conference at Eastern Woods Outpatient 15900 Medical Dr. South, Findlay	January 12 6:30pm-8:30pm	Barb Deerwester RN 419-423-5282
Celebrate Recovery	Biblically based 12 step support group aimed at helping people on their recovery journey with their hurts, habits, hang-ups	Good Shepherd United Methodist Church Benton Ridge	2 nd and 4 th Wednesday 7:00pm-9:00pm	419-859-2000
Circle of Hope	An on going support group for anyone who has experienced the loss of a loved one	St. Andrew's United Methodist Church 120 West Sandusky Street, Findlay (Crawford Street Entrance)	Tuesday, January 5 6:00pm -7:30pm	Carmen 419-423-5351
Coffee Talks	With the Food Lady. Learning about food handling and safety, basic food prep, recipes, FREE SAMPLES, & nutritional facts	Focus on Friends	3 rd Thursday 1:00pm	419-423-5071

Depression and Bipolar Support Alliance	Support Night: Guest speaker will be Ed E. discussing his life with Bipolar.	First Presbyterian Church 2330 S. Main St, Findlay Ohio Room 209	January 12 7:00pm – 8:30pm	Becky Hickle 419-422-9381 BEC1944@aol.com
Depression and Bipolar Support Alliance	Support Night: Open to those diagnosed with Depression or Bipolar Disorder, their friends, family, or supportive others.	First Presbyterian Church 2330 S. Main St, Findlay Ohio Room 209	January 26 7:00pm – 8:30pm	Becky Hickle 419-422-9381 BEC1944@aol.com
Dual Recovery Anonymous	12-step group for individuals and loved ones living with both metal health and substance abuse issue.	The Family Center 1800 N. Blanchard (Findlay Ohio) Room 111	Every Monday	Don Illif 419-425-5050
Eating Disorder Support Group	Affiliated with ANAD www.anad.org	First Presbyterian Church 2330 S. Main St, Findlay Ohio	January 12 7:00pm-8:30pm	Joy Anderson 419-425-8709
Focus on Friends	Membership Meeting – all are welcome	Focus on Friends 509 Trenton Ave. Findlay, Ohio	3 rd Thursday Noon	Jenny 419-423-5071
Focus on Friends	Presentation by Dr. Basu discussing issues pertaining to medications, different mental illnesses and their symptoms	Focus on Friends 509 Trenton Ave. Findlay Ohio	3 rd Thursday 11:00am - Noon	419-423-5071
Ladies Tea	Social group for women (60+) who have lost a spouse & want informal support of other women with similar experiences.	Hatfield House Conference Room Birchaven Retirement Village	Thursday, January 14 2:00pm-3:00pm	Carmen Cupples 419-423-5351
Living Through Loss	An educational group for those who have suffered a loss due to death. Different topic pertaining to loss each month (Oct – May)	Hancock County Historical Museum 422 West Sandusky Street, Findlay, Ohio	Monday, January 11 7:00pm-8:30pm	Amber Wolfrom 419-423-5351
Lupus Foundation Support Group	Support group open to the public that discusses topics related to Lupus: research, treatments, mutual support and more.	Call Lupus Foundation For Information	Bi-Monthly Meetings Call for Information	Jackie Urbanski 419-423-9313
Men's Breakfast	Support group form men whose wives have passed away. Breakfast provided.	Call for Location	1 st , 3 rd and 5 th Friday 8:00am-9:30am	Amber Wolfrom 419-423-5351

NAMI Support Group	Open to any family member, friend, support person, or individual diagnosed with a mental illness.	First Presbyterian Church 2330 S. Main St, Findlay Ohio Room 209	1 st and 3 rd Tuesday 7:00pm	Pat Bailey 419-957-9423
Persons Affected by a Loved One's Suicide	Free and open to anyone dealing with grief following a suicide	BV Hospital – 2 nd Floor (above ER)	January 28 7:00pm	419-422-3711
Postpartum Depression Support Group	Call ahead if child care is needed during meeting	Hancock Public Library	1 st Tuesday 5:30-7:00pm	419-423-5528
Reformers Unanimous	Faith-based addictions program for people living with any addiction/habit. Open to public.	Cornerstone Baptist Church 8630CR 140	Fridays 7:00pm-9:00pm	Mike Kissell 419-427-1400 rufindlay@live.com

Look for daily **schedule of 12 – Step meetings (AA, NA, Al-Anon) in The Courier. Meetings designated as “open” are open to the public. Also, check out <http://www.groups.yahoo.com/group/findlayohioaa/> or call the **AA hotline for Hancock & Wyandot counties: AA District 17: 888-683-9768**.

- **Questions about the above or other Support and Advocacy Services, call Emily Ruckel, Hancock County 2-1-1 Liaison, at 419-254-4775 or by dialing 2-1-1!**
- **Email Emily at Emily.Ruckel@unitedwaytoledo.org to be added to this email list. Visit Hancock County 2-1-1 on the web at www.hancockcounty2-1-1.org**