

## Hancock County Support / Advocacy Services Schedule – November 2009

**CRISIS HOTLINE 1-888-936-7116**

\*Visit [www.ohio.networkofcare.org](http://www.ohio.networkofcare.org) – for more info about support groups\*

Event	Description	Location	Date & Time	Contact
ADHD Support Group	For caregivers or parents. Childcare provided if needed	First Presbyterian Church 2330 S. Main St, Findlay Ohio Room 209	November 5 6:00pm – 7:30pm	Karen Schuh 419-425-5333
AIDS Resource Center Support Group	Support group for persons living with HIV/AIDS	AIDS Resource Center 329 N. West Street, Ste B Lima, Ohio	Every Thursday 5:30pm-6:30pm	Larry Grier 419-222-0827
Alzheimer's Association Caregiver Group	Call Alzheimer's Association for additional support groups. 419-425-5409	Birchaven Retirement Village (Wenner Conference Room)	November 27 11:00am	Jane Sherrick 419-425-3259 Mike Thompson 419-425-3233
Alzheimer's Support Group	Call Alzheimer's Association for additional support groups. 419-425-5409	Birchaven Condo Club House, 7113 Eastern Woods Parkway. (On the right, past Village)	2 <sup>nd</sup> Wednesday 6:30pm	Mary Verran 419-424-0144 Phyliss Badman 419-425-0388
Autism Support Group	For children with Autism, their parents, guardians and family	Blanchard Valley School	November 18 6:30pm-8:00pm	Dodi Newcomer <a href="mailto:bnewcomer@thewavz.com">bnewcomer@thewavz.com</a>
Before You Quit	Six week course coaching and support for those considering ending a relationship or having already done so	Call for information	By appointment	Rick Beach 419-348-9602
Celebrate Recovery	Biblically based 12 step support group aimed at helping people on their recovery journey with their hurts, habits, hang-ups	Good Shepherd United Methodist Church Benton Ridge	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday 7:00pm-9:00pm	419-859-2000
Circle of Hope	An on going support group for anyone who has experienced the loss of a loved one	Fifth Third Hub, Birchaven Retirement Village 15100 Birchaven Lane	November 2 6:30pm -8:00pm	Carmen 419-423-5351
Coffee Talks	With the Food Lady. Topic: "Fight BAC! Don't let your food make you sick."	Focus on Friends	November 19 1:00pm	419-423-5071
Depression and Bipolar Support Alliance	Support Night: Open to those diagnosed with Depression or Bipolar Disorder, their friends, family, or supportive others.	First Presbyterian Church 2330 S. Main St, Findlay Ohio Room 209	November 10 7:00pm – 8:30pm	Becky Hickle 419-422-9381 <a href="mailto:BEC1944@aol.com">BEC1944@aol.com</a>
Depression and Bipolar Support Alliance	Support Night: Open to those diagnosed with Depression or Bipolar Disorder, their friends, family, or supportive others.	First Presbyterian Church 2330 S. Main St, Findlay Ohio Room 209	November 24 7:00pm – 8:30pm	Becky Hickle 419-422-9381 <a href="mailto:BEC1944@aol.com">BEC1944@aol.com</a>
Dual Recovery Anonymous	12-step group for individuals and loved ones living with both mental health and substance abuse issue.	The Family Center 1800 N. Blanchard (Findlay Ohio) Room 111	Every Monday	Don Illif 419-425-5050

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Eating Disorder Support Group	Affiliated with ANAD <a href="http://www.anad.org">www.anad.org</a>	First Presbyterian Church 2330 S. Main St, Findlay Ohio	November 10 7:00pm-8:30pm	Joy Anderson 419-425-8709
Focus on Friends Annual Thanksgiving Dinner	All are welcome: Admission is \$1 or a canned good item. 50/50 raffle Bring a side dish or dessert to share.	The Senior Center 339 E. Melrose, Findlay Ohio	November 18, 2009 12:00 pm-1:30 pm doors will open at 11:45 am	Jenny 419-423-5071
Focus on Friends	Membership Meeting – all are welcome	Focus on Friends 509 Trenton Ave. Findlay, Ohio	3 <sup>rd</sup> Thursday Noon	Jenny 419-423-5071
Focus on Friends	Presentation by Dr. Basu discussing issues pertaining to medications, different mental illnesses and their symptoms	Focus on Friends 509 Trenton Ave. Findlay Ohio	3 <sup>rd</sup> Thursday 11:00am - Noon	419-423-5071
Ladies Tea	Social group for women (60+) who have lost a spouse & want informal support of other women with similar experiences.	Hatfield House Conference Room Birchaven Retirement Village	2 <sup>nd</sup> Thursday 2:00-3:00pm	Carmen Cupples 419-423-5351
Living Through Loss	An educational group for those who have suffered a loss due to death. Different topic pertaining to loss each month (Oct – May)	Hancock County Historical Museum 422 West Sandusky Street, Findlay, Ohio	3 <sup>rd</sup> Monday 7:00-8:30pm Except Jan. & Feb	Amber Wolfrom 419-423-5351
Lupus Foundation Support Group	Support group open to the public that discusses topics related to Lupus: research, treatments, mutual support and more.	Call Lupus Foundation For Information	Bi-Monthly Meetings Call for Information	Jackie Urbanski 419-423-9313
Men's Breakfast	Support group form men whose wives have passed away. Breakfast provided.	Call for Location	1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Friday 8:00am-9:30am	Amber Wolfrom 419-423-5351
NAMI Support Group	Open to any family member, friend, support person, or individual diagnosed with a mental illness.	First Presbyterian Church 2330 S. Main St, Findlay Ohio Room 209	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday 7:00pm	Pat Bailey 419-957-9423
Persons Affected by a Loved One's Suicide	Free and open to anyone dealing with grief following a suicide	BV Hospital – 2 <sup>nd</sup> Floor (above ER)	November 26 7:00pm	419-422-3711
Postpartum Depression Support Group	Call ahead if child care is needed during meeting	Hancock Public Library	1 <sup>st</sup> Tuesday 5:30-7:00pm	419-423-5528
Reformers Unanimous	Faith-based addictions program for people living with any addiction/habit. Open to public.	Cornerstone Baptist Church 8630CR 140	Fridays 7:00pm-9:00pm	Mike Kissell 419-427-1400 <a href="mailto:rufindlay@live.com">rufindlay@live.com</a>

\*\*Look for daily **schedule of 12 – Step meetings (AA, NA, Al-Anon) in The Courier**. Meetings designated as “open” are open to the public. Also, check out <http://www.groups.yahoo.com/group/findlayohioaa/> or call the **AA hotline for Hancock & Wyandot counties: AA District 17: 888-683-9768**.

- **Questions** about the above or other Support and Advocacy Services, **call Emily Ruckel, Hancock County 2-1-1 Liaison, at 419-254-4775 or by dialing 2-1-1! Email Emily at [Emily.Ruckel@unitedwaytoledo.org](mailto:Emily.Ruckel@unitedwaytoledo.org)** to be added to this email list. Visit Hancock County 2-1-1 on the web at [www.hancockcounty2-1-1.org](http://www.hancockcounty2-1-1.org)